

## AVERAGE VALUES BIOFOOD ORGANIC COMPLETE MENUS

In the organic sector we always try to guarantee the same composition. However, due to seasonal fluctuations and different requirements, the share of offal or muscle meat may vary. However, this is done within the legal tolerances and analytical information on the label.

The values can fluctuate around the calculated value by approx. 10-15%. According to the Food Information Regulation, a maximum deviation of 20% is allowed.

|                           |           |    |
|---------------------------|-----------|----|
| Kalzium                   | 0,3091    | %  |
| Phosphor                  | 0,2017    | %  |
| Magnesium                 | 0,0385    | g  |
| Natrium                   | 0,0637    | g  |
| Kalium                    | 0,2558    | g  |
| Eisen                     | 5,8606    | mg |
| Kupfer                    | 2,1980    | mg |
| Zink                      | 4,6429    | mg |
| Mangan                    | 2,3002    | mg |
| Selen                     | 0,0540    | µg |
| Jod                       | 0,0030    | mg |
| Vitamin A                 | 1100,1275 | IE |
| Vitamin D                 | 200,0598  | IE |
| Vitamin E                 | 50,0040   | IE |
| Vitamin B1                | 0,0686    | mg |
| Vitamin B2                | 0,2035    | mg |
| Vitamin B6                | 0,1121    | mg |
| Vitamin B12               | 4,0169    | µg |
| Niacin                    | 2,0859    | mg |
| Pantothensäure            | 0,8121    | mg |
| Folsäure                  | 32,0810   | µg |
| Biotin                    | 4,9739    | µg |
| <i>Cholin (n.v.)</i>      | n.v.      | mg |
| Chlorid                   | 91,9015   | g  |
| Linolsäure (Omega6)       | 0,5292    | g  |
| alpha-Linolsäure (Omega3) | 0,5766    | g  |
| Arachidonsäure            | 30,8209   | mg |
| EPA                       | 0,0047    | g  |
| DHA                       | 0,0023    | g  |
| EPA + DHA                 | 0,0070    | g  |
| Taurin                    | 0,21      | g  |
| Purin                     | 0,0966    | g  |

|  |
|--|
| Omega3gesamt<br>(ALA,EPA,EHA,Stearidonsäure,<br>Docosapentaensäure,<br>Eicosatriensäure)   |
| Omega 6 gesamt<br>(Linolsäure, Arachidonsäure,<br>Eicosadiensäure,<br>Docosadiensäure,<br>Docosatetraensäure,<br>Docosapentaensäure) |
| <b>Aminosäuren</b>   |
| Arginin*   |
| Histidin   |
| Isoleucin  |
| Leucin   |
| Lysin  |
| Methionin*   |
| Methionin + Cystin   |
| Phenylalanin   |
| Phenylalanin + Tyrosin*  |
| Threonin   |
| Tryptophan   |
| Valin  |

|        |   |
|--------|---|
| 0,5918 | g |
| 0,5729 | g |
|        |   |
| 0,7007 | g |
| 0,3293 | g |
| 0,4754 | g |
| 0,8725 | g |
| 0,9160 | g |
| 0,2067 | g |
| 0,3526 | g |
| 0,4470 | g |
| 0,7665 | g |
| 0,4587 | g |
| 0,1350 | g |
| 0,5729 | g |